

Basic Disaster Supplies Kit

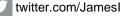
As Hurricane season gets underway it is extremely important to be prepared in the event a hurricane or other disaster strikes. Below you will find the recommended supplies to keep in a location everyone knows about that can be easily grabbed in the event of an emergency.

Assemble these items in airtight plastic bags in an easy-to-carry plastic bin or duffle bag:

- Water-one gallon per person per day for at least three days •
- Food-at least a three-day supply of non-perishable food, including baby food and formula (as necessary)
- NOAA Weather Radio-battery or hand-crank type. It should have an alert • tone.
- Flashlights
- First Aid Kit
- Extra Batteries
- Whistle to signal for help
- Shelter-in-Place materials-Dust masks, plastic sheeting, and duct tape
- Moist towelettes, baby wipes, diapers, garbage bags, and plastic ties that can be used for personal sanitation
- Wrench, pliers, or other tools that can be used to turn off utilities
- Manual can opener
- Local Maps
- Cell phone with chargers and back-up battery
- Food and water for pets
- Medication, prescription and non-prescription pain killers, anti-diarrhea, antacids, etc.
- Glasses and contact solution
- Cash or traveler's checks
- Important family documents
- Sleeping bags/blankets for each person

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- Additional changes of clothing for each person
- Fire extinguisher
- Matches and/or waterproof matches
- Personal hygiene supplies
- Mess kits, cup, plates paper towels, and plastic utensils
- Paper and Pencil
- Books, games, puzzles, or other activities for children